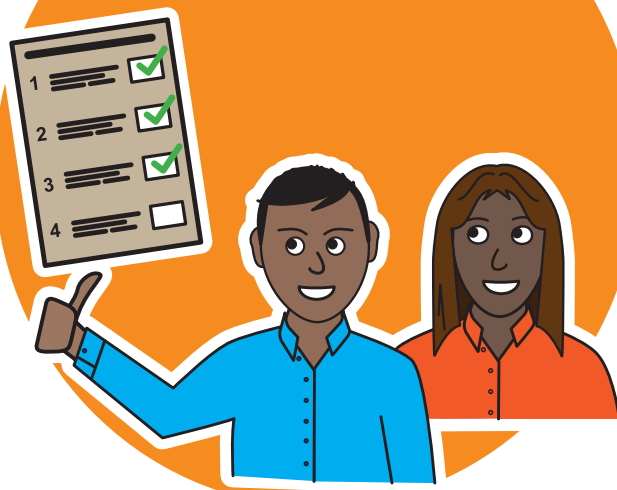


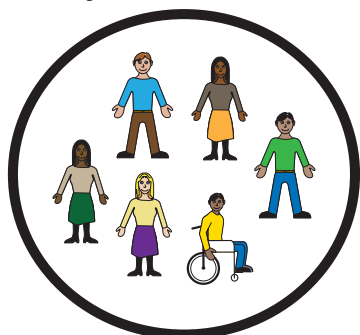


10 things you can do to promote health research

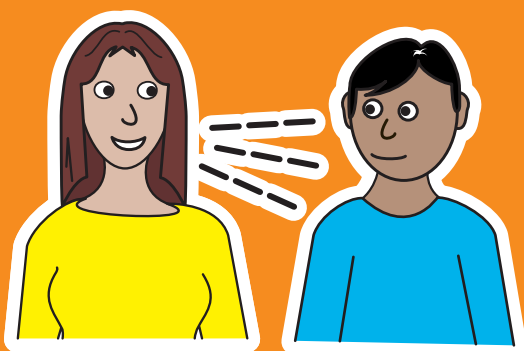


A Patient Research Ambassador is someone who promotes health research from their point of view.

They could be a



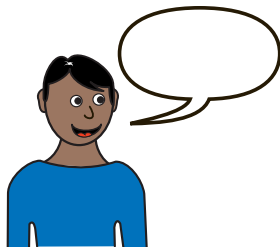
- patient
- service user
- carer
- member of the public



They talk to other patients, carers, members of the public and healthcare professionals about why research is important.



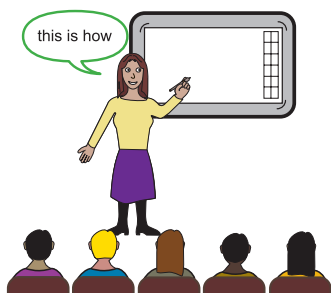
Here are some of the things that a Patient Research Ambassador could be involved in.



- 1.** Help to raise awareness of research to people.



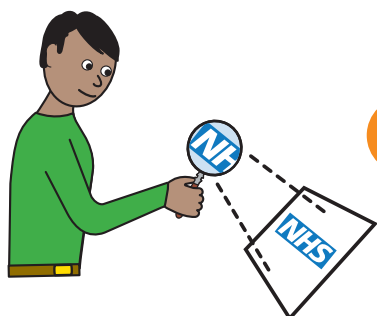
- 2.** Give help in your area for research work across the country.



- 3.** Help train staff to do good research.

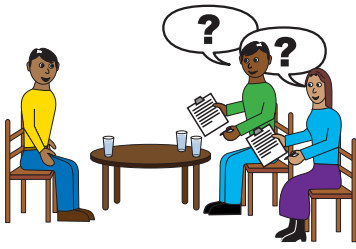


- 4.** Work with research staff to make research work better.

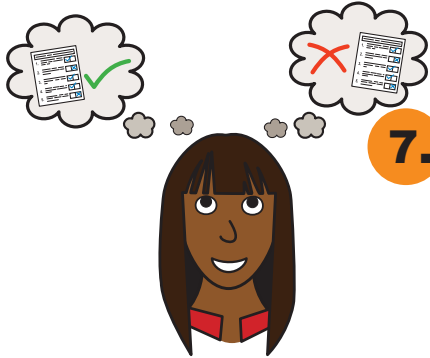


- 5.** Help finding out what patients thought of the research they took part in.

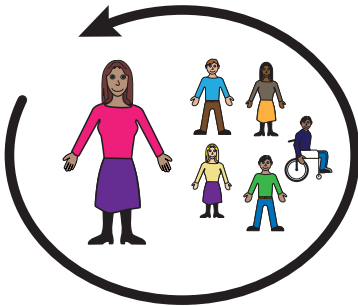




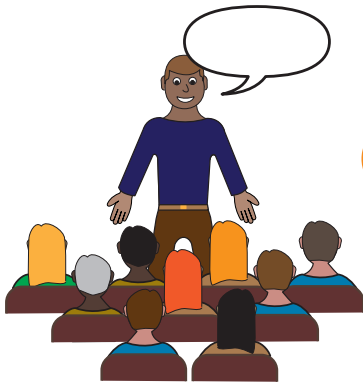
6. Help interview new research staff.



7. Help research staff see how their work is going.



8. Join your local research group.



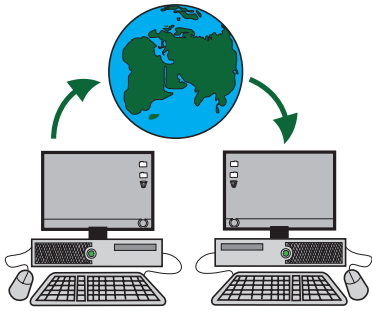
9. Talk to a local group about research.



10. Help people who are thinking about taking part in research.



Find out more at



<http://bit.ly/researchambassador>

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Delivering research to make patients, and the NHS, better.