

## Practices needed to become involved in primary care research studies that could benefit patients & practices

### Who is asking?

The NIHR Clinical Research Network, funded by the Department of Health and Social Care, is the research delivery arm of the NHS and would like to engage more practices within primary care research projects. NIHR approves the clinical studies relevant for primary care to undertake.

### Payments through research schemes will be made to support participating practices

Up to £5,000 per practice is available to support practices participating in primary care research projects with additional funding/ incentives for each study taken on. Commercial studies could bring additional incentives such as centrifuges and ECG machines that the practice could then keep.

### How much work is involved for the practice?

As little or as much as you feel you want!

There are different levels of research that a practice can get involved with; start as simple as doing a search or recruiting patients for an online survey. More in-depth projects are also available once confidence is built. Clinical Research Network will support the delivery of research at the practice.

### How much support is available from the Clinical Research Network?

Considerable support is available through the Network to make it as easy as possible for practices to participate in research e.g. Dedicated local research nurse Hazel Guth and team can support you to carry out searches, approach patients and support practice activity.

### Are other practices in Herts Valleys doing this?

Over the past 3 years 55 practices have participated in NIHR research studies with approximately 1000 patients being recruited into studies with potential benefit. We are looking to expand the number of practices supporting research projects.

### Can I talk to someone to find out more?

**Amal Qureshi**, is the primary care research lead, and will be happy to give a 10 minute talk at your practice on how to get involved as well as answer any technical questions around payments/ studies/commitments.

Please contact **Amal Qureshi** on: [amal.qureshi@nihr.ac.uk](mailto:amal.qureshi@nihr.ac.uk)

**Dr Chas Thenuwara** (GP specialty lead) is happy to answer any clinical questions on specific studies or how he got involved, please contact on: [chas.thenuwara@nhs.net](mailto:chas.thenuwara@nhs.net)

### Testimonial – Dr Chas Thenuwara (Davenport House Surgery)

‘I can honestly say that research has given Davenport house a valuable source of income. The studies are pre-approved and vetted by the NIHR. Most simply involve a search and mail out and often the study teams will come to your practice to see recruited patients. You can choose whether you want to keep it simple or expand your team. All the studies are extremely relevant to primary care and clinically rewarding.’

### How can I sign up?

To express your interest in getting involved, please email Amal Qureshi (above) who will advise on next steps. A study bulletin should be circulated to your practice monthly with potential studies listed. If you are not receiving this please contact Amal.